

# Manchester's plan on a page for 2023 to 2026 (Draft)



Strategic  
aims:

- Improve the health and wellbeing of people in Manchester
- Strengthen the social determinants of health and promote healthy lifestyles
- Ensure services are safe, equitable and of a high standard with less variation
- Enable people and communities to be active partners in their health and wellbeing
- Achieve a sustainable system

**Our two priorities for 2023-26 are:**

1. Improve physical and mental health and wellbeing, prevent ill-health and address health inequalities

2. Improve access to health and care services

**As a result, people will:**

- Live longer in good health, wherever they are in the city
- Be able to access the right care, at the right time, in the right place, in the right way

**We will deliver through action on:**

- Effective prevention and management of long term conditions to keep people healthier
- Targeted work with communities, regeneration in North and South Manchester, and improving the social determinants of health
- Joined up health and care services in neighbourhoods, which meet people's physical, mental and social needs
- Improving speed and methods of access to primary care and mental health services
- Optimising capacity in the community to reduce demand for hospital care and expedite hospital discharge
- Enabling self care and promoting independent living
- Improving workforce sustainability via local recruitment